

DanceSensations Class Schedule May 2024 to December 2024

Location: Palm Ridge Activities Building Dance Studio								
Class Name	Frequency	Time	Mon	Tue	Wed	Thu	Fri	
Tap - Beyond Basics	Sep - June	8:00 - 9:00 AM			X		X	
Tap - Intermediate	Discontinued for April/June session							
Tap - Evening	Sep - June	4:30 - 5:30P		X		X		
Jazzy POMs	Sep - June	12:00 - 1:00 PM	X		X			
Fundamentals of Dance	Sep - June	9:00 - 10:00 AM			X		X	
Jazz - Intermediate	Sep - June	10:00 - 11:00 AM		X		X		
Musical Theatre	Sep - June	11:00 - 12:00 PM		X		X		
Hula - Beginning	Currently inactive. If interested, contact Paulette at 623-440-9738							
Hula - Advanced	Sep - June	12:00 - 1:30 PM		X		X		
Grace in Motion	Sep - June	11:00 - 12:00 PM	X		X			
Stretch	Sep - June	9:00 - 10:00 AM		X		X		
Pilates	Year Round	2:30 - 3:30 PM	X		X			
		10:00 - 11:00 AM					X	
Tai Chi - Stillness in Motion	Oct - June	8:00AM - 9:00AM		X				
Classes and times may change due to unforeseen circumstances								